

Things to Do in the Hudson Valley

The Hudson Valley extends 150 miles above the tip of Manhattan north to Albany. Designated as a National Heritage Area, the valley is steeped in history, natural beauty, culture and a burgeoning food and farmer's market scene. Recently ranked number two in its top ten travel destinations, Lonely Planet describes the Hudson River Valley as "a real city break, with leafy drives, wineries and plenty of farm-to-table foodie options." National Geographic Traveler also named the Hudson Valley one of the top 20 must-see destinations in the world in 2013. The Hudson Valley is the fastest growing part of New York State and offers one of America's most vibrant business environments.

There is so much to do in the Hudson Valley. Views, Art, Culture, Outdoors, Recreation, Entertainment, History, Dining, Shopping and more!

The Hudson Valley Has It All!

<http://www.travelhudsonvalley.com/>

- Close proximity to New York City, ease of access.
- Historic sites – United States Military Academy at West Point, FDR Library and Home, Boscobel, Kykuit-Rockefeller Estate, Olana, among others.
- Vineyards and a growing microbrewery scene.
- Burgeoning food and farmer's market scene.
- Four seasons of outdoor adventure for everyone – Thousands of miles of hiking trails, championship golf courses, destination ski slopes, fishing streams, white water rafting, lakes and rivers and cruise boats.
- World class art institutions – Dia: Beacon, Neuberger Museum, Storm King Art Center, Arts Westchester, and Albany Institute of History & Art.
- Cuisine unlimited – greatest chefs from the Culinary Institute of America, world-class dining, famous chefs, Hudson Valley Restaurant Week.
- Hundreds of fairs, festivals, and performances – Garlic Festival, Apple Festival, Great Jack O'Lantern Blaze, Peekskill Celebration, Clearwater Festival, Tulip Festival, New York Renaissance Faire, Caramoor International Music Festival.
- Shopping from small craft villages to the internationally known Woodbury Common Premium Outlets to Westchester's Ridge Hill, and hundreds of antique shops.



Visit our facility's website at: <http://www.hudsonvalley.va.gov/>

Dutchess County

The VA HVHCS Castle Point Campus is located in Wappingers Falls, NY in Dutchess County

<https://www.dutchesstourism.com/>



Whatever brings you to upstate New York, you'll find countless things to do in Dutchess! We're 800 square miles of natural scenic beauty, historic and cultural landmarks, and outdoor recreation. Not only can you

step back in time, you can choose which time: Colonial and Quaker days, the Gilded Age, or the 20th century. Explore five historic Great Estates, including Franklin D. Roosevelt's Home, and the FDR Presidential Library and Museum, with two floors of updated, interactive exhibits. Our museums tell unique stories, including the history of WWI and barnstorming era airplanes. Tour Dia: Beacon, and stay for Beacon's Second Saturday, a city-wide celebration of the arts. Vassar's Loeb Art Center invites you to stroll its galleries free of charge. Shop for treasures in village antique shops or specialty shops. Plenty of family fun awaits at SplashDown Beach and the Mid-Hudson Children's Museum. Get closer to nature at Sprout Creek Farm and the Trevor Zoo. The gift of nature is never far away. Our scenic beauty is perfect for nature lovers; formal gardens and nature sanctuaries are ready to explore. They represent the range of our relationship with nature, from the order of an ornamental garden to the naturalness of a forest preserve. Observe native birds and wildlife while hiking, including 30 miles of the Appalachian Trail. Explore woods, fields and ponds at six multiple use areas. Ramble or cycle three Rail Trails, including the Walkway Over the Hudson State Historic Park, the world's longest pedestrian bridge! Learn skeet shooting or fly fishing at Orvis Sandanona. Commune with nature on the links at 16 championship courses. Drive our scenic byways. Find out what makes us Distinctly Dutchess.

Westchester County

The VA HVHCS FDR/Montrose Campus is located in Montrose, NY in Westchester County

<http://www.westchestertourism.com/>



Westchester County is just 30 miles north of New York City and is easy to access by train, plane, bus or automobile. Experience our history and heritage, enjoy dining for every taste and budget, explore our great

outdoors—golf, sail, kayak, hike, bike, fish or enjoy a relaxing day at the park—there is something for everyone in Westchester. More than 200 properties in Westchester are listed on the National Register of Historic Places, many with ties to the Revolutionary War and African-American heritage. Visit the homes of the rich and famous, take a walking tour of historic Sleepy Holly Cemetery, stroll gorgeous grounds along the Hudson River. A number of performing-arts venues enjoy an international reputation for high-quality entertainment including Caramoor Center for Music & the Arts. Smaller art centers and theaters provide opportunities to hear top acts or admire up-and-coming artists. Westchester is a paddler's paradise, with lovely Long Island Sound and the mighty Hudson. Fun family stops include LEGOLAND, Rye Playland or The Cliffs at Valhalla. Biking and hiking trails crisscross the county with wondrous scenery.

Local Airports: 

Westchester County Airport (HPN) located in White Plains, NY

40 minutes from Montrose Campus; 1 hour from Castle Point Campus

Stewart International Airport (SWF) located in New Windsor, NY

45 minutes from Montrose Campus; 25 minutes from Castle Point Campus

JFK, Newark (EWR), and LaGuardia (LGA) Airports

90 minutes from Montrose Campus; 120 minutes from Castle Point Campus

Shopping: 

Poughkeepsie Galleria

45 minutes from Montrose Campus; 10 minutes from Castle Point Campus

Woodbury Commons Premium Outlets

30 minutes from Montrose Campus; 30 minutes from Castle Point Campus

Route 9 in Poughkeepsie/Fishkill, NY (shopping, restaurants, mini golf, water park, go-kart racing)

45 minutes from Montrose Campus; 10 minutes from Castle Point Campus

Palisades Mall (shopping, restaurants, ice rink, bowling alley, comedy club, indoor ropes course and more)

40 minutes from Montrose Campus; 60 minutes from Castle Point Campus

Entertainment: 

Bethel Woods Center for the Arts (concerts and events)

90 minutes from Montrose Campus; 60 minutes from Castle Point Campus

Dutchess County Fairgrounds (Local food, drink, and arts festivals throughout year)

75 minutes from Montrose Campus; 50 minutes from Castle Point

New Paltz Arts/Historic District

45 minutes from Montrose Campus; 30 minutes from Castle Point Campus

Beacon Arts/Historic District

45 minutes from Montrose Campus; 15 minutes from Castle Point Campus

The Culinary Institute of America (restaurants, cooking classes)

60 minutes from Montrose Campus; 30 minutes from Castle Point Campus

New York City (restaurants, entertainment, sight-seeing)

60 minutes via Metro North Railroad from Montrose Campus; 100 minutes via Metro North Railroad from Castle Point Campus

Night Life: 

Many restaurants along the Hudson River (with spectacular views) in both Newburgh and Poughkeepsie, NY

50 minutes from Montrose Campus; 15 minutes from Castle Point Campus

Many restaurants in Beacon, NY which has been growing in favor and in flavor for a few years now and is gaining recognition as one of the Hudson Valley's gems come back to life

35 minutes from Montrose Campus; 5 minutes from Castle Point Campus