

Lexington VA Health Care System PGY2 Psychiatric Pharmacy Residency

Troy Bowling Campus

The Lexington Veterans Affairs Health Care System is a fully accredited, two-division, tertiary care medical center with an operating complement of 199 hospital beds. Acute medical, neurological, surgical and inpatient psychiatric services are provided at the Troy Bowling campus, located adjacent to the University of Kentucky Medical Center. Other available services include: emergency care, medical-surgical units, ICU, progressive care unit, cardiac cath lab, ambulatory surgery, OR/PACU, hemodialysis, medicine specialty clinics, surgery specialty clinics, and outpatient specialty care.



Residency Program Director

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Residency Program Coordinator

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Program Specifics

The PGY2 Psychiatric Pharmacy Residency at the Lexington VA Health Care System is a one-year specialty residency designed to develop a clinical specialist with expertise in mental health. The residency program includes training in a variety of multidisciplinary psychiatric settings at both the Lexington VA Medical Center and University of Kentucky affiliated facilities. In addition to direct patient care, the resident will also participate in administrative and clinical development projects.

Additionally, teaching opportunities include didactic instruction and facilitation of small group activities at University of Kentucky College of Pharmacy PGY2 psychiatric residents are also engaged in precepting of student pharmacists and PGY1 pharmacy residents.

Following completion of this program, residents will be equipped with excellent leadership and clinical skills and prepared to practice as a proficient, well-rounded clinical pharmacy specialist in a psychiatric setting.

Core Rotations

- Inpatient Psychiatry
- Outpatient Mental Health Clinic
- Substance Use Disorder/PTSD Residential Treatment (RRTP)
- Outpatient Substance Use Disorder Clinic
- Pain Management

Elective Rotations

- Academic Detailing
- Geriatric Psychiatry
- Concentrated Research Experience
- Serious Mental Illness – Outpatient

Additional Activities

- Medication Use Evaluation
- Major project with manuscript submission
- Didactic teaching and precepting with the University of Kentucky College of Pharmacy
- Staffing experience

Franklin R. Sousley Campus

The Franklin Sousley campus, located five miles from the Troy Bowling Campus, offers outpatient mental health services as well as residential post-traumatic stress disorder and substance use disorder treatment. Community living, respite services and hospice care are also located at this location. Primary care clinics as well as several ambulatory specialty clinics; optometry, dentistry, podiatry, and women's health are housed at the Sousley Campus.

Current Residents

Kailen Combs, PharmD

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Kayla Janbakhsh, PharmD

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"Through this program I was able to develop considerable confidence and competence in managing a wide variety of psychiatric conditions. Residents are provided a great deal of autonomy throughout the residency and the rotations are flexible and tailored toward personal career goals".

-Steven Shofner, PharmD,
BCPP
LVAHCS Residency, Class of
2020

About Lexington

Lexington is the second-largest city in Kentucky, nestled in the heart of the bluegrass region. Known as the "Horse Capital of the World", Lexington attracts international crowds every Spring and Fall to watch thoroughbred racing at Keeneland Race Track. Other fun outings around Lexington include visiting one of the 9 bourbon distilleries, eating at one of our countless locally owned restaurants, or getting out to enjoy the beautiful hiking trails of Raven Run or Red River Gorge.

Lexington is also home to the University of Kentucky. As such, there are many college sporting events throughout the year including football, basketball, hockey, and baseball. In addition to college sports, Lexington has a minor league baseball team.



At the Lexington VAHCS, fostering relationships is at the core of our residency program. Preceptors and residents have many opportunities to build these relationships through both work and extracurricular outings. Work-life balance is highly encouraged for both residents and preceptors.



Benefits

Estimated PGY2 stipend:
\$45,221

Optional Health, Vision, and
Dental Insurance

Paid Leave Days:

- 13 accrued vacation and 13 sick/family care days of leave. Unused leave may be transferable to future federal positions.
- 11 federal holidays

Educational Leave

- ASHP Midyear Clinical Meeting
- CPNP Annual Meeting