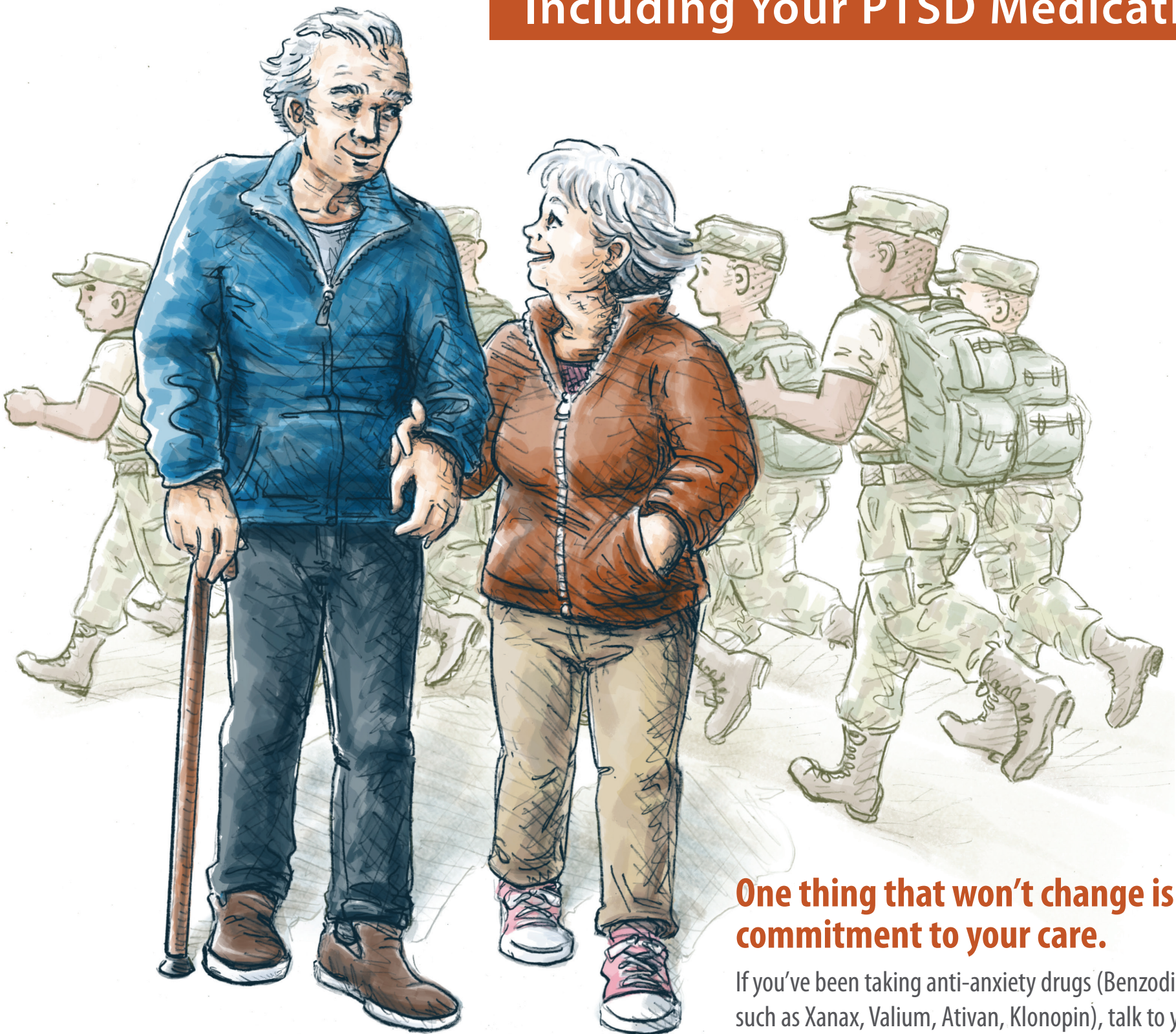


Things Change...

Including Your PTSD Medication



One thing that won't change is VA's commitment to your care.

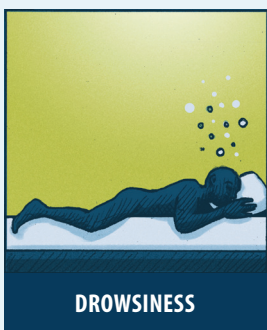
If you've been taking anti-anxiety drugs (Benzodiazepines such as Xanax, Valium, Ativan, Klonopin), talk to your doctor about alternate treatment options.

Is it time to change your treatments?

Using anti-anxiety drugs can lead to serious side effects.



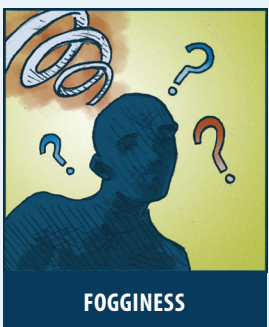
FALLS



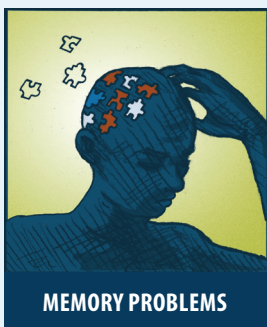
DROWSINESS



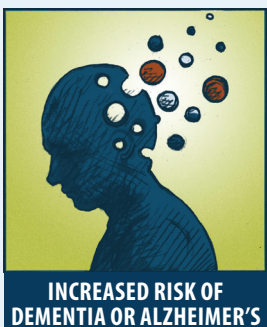
DEPENDENCE



FOGGINESS



MEMORY PROBLEMS

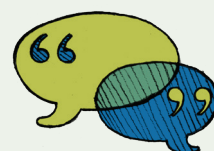


INCREASED RISK OF
DEMENTIA OR ALZHEIMER'S

Treatment Options



Safer effective
medications



Talk therapy



Slow tapering plan to
reduce your risks