Things Change...
Including Your PTSD Medication

One thing that won’t change is VA’s commitment to your care.

If you’ve been taking anti-anxiety drugs (Benzodiazepines such as Xanax, Valium, Ativan, Klonopin), talk to your doctor about alternate treatment options.

Is it time to change your treatments? Using anti-anxiety drugs can lead to serious side effects.

Treatment Options

- Safer effective medications
- Talk therapy
- Slow tapering plan to reduce your risks