For general information, contact
Jonathan P. Lacro, PharmD, BCPS, BCPP
Director, Pharmacy Education & Training
jonathan.lacro@va.gov
(858) 642-3497
VA San Diego Healthcare System

VHA Mission Honor America’s Veterans by providing exceptional health care that improves their health and well-being.

VHA Vision
• VHA will continue to be the benchmark of excellence and value in health care and benefits by providing exemplary services that are both patient centered and evidence based.
• This care will be delivered by engaged, collaborative teams in an integrated environment that supports learning, discovery and continuous improvement.
• It will emphasize prevention and population health and contribute to the nation’s well-being through education, research and service in national emergencies.

Core Values (I.C.A.R.E)
• Integrity: Act with high moral principle.
• Commitment: Work diligently to serve veterans and other beneficiaries.
• Advocacy: Be truly veteran-centric by identifying, fully considering, and appropriately advancing the interests of veterans and other beneficiaries.
• Respect: Treat all those I serve and with whom I work with dignity and respect.
• Excellence: Strive for the highest quality and continuous improvement.

Key Facts
• Provided high quality health care to 83,014 Veterans in the San Diego and Imperial Valley counties in fiscal year 2017 (FY17)
• Offers a wide range of inpatient and outpatient health services at the medical center in La Jolla, six community based outpatient clinics located in Chula Vista, Escondido, Imperial Valley, Mission Valley, Oceanside and Sorrento Valley and a residential rehabilitation treatment program
• Provides medical, surgical, mental health, geriatric, spinal cord injury, and advanced rehabilitation services
• Training site for 1,383 medical interns, residents and fellows, as well as 738 other health professionals from pharmacy, nursing, dental, and dietetics
• One of the largest research programs in the VA nationally with a budget of over $42 million (FY17)
VA San Diego Healthcare System
Pharmacy Service

Our Values

- **P** Patient-centric, Patience, Professional, Pro-active
- **H** Helpful, Honest
- **A** Accessible
- **R** Responsible, Respectful
- **M** Meticulous, Mentor
- **A** Accurate
- **C** Caring, Competent, Clinical, Collaborative
- **Y** Because Veterans come first

Provision of Care

- Pharmacy services provided 24 hours a day, seven days a week
- Decentralized unit-dose service with Barcode Medication Administration, IV Additive Service, Automated Dispensing Systems, Physician Order Entry and Automated Prescription Filling
- Our Ambulatory Care Clinical Pharmacists, Inpatient Clinical Pharmacists, and Clinical Specialists provide a wide range of pharmaceutical care services to veterans in the inpatient and outpatient settings.

Our Staff and Preceptors

- 71 pharmacists serve as preceptors to our resident trainees
  - 58 (82%) have greater than 5 years of experience with serving as a preceptor to residents
  - 40 (56%) are Board Certified as Pharmacotherapy Specialists (BCPS), Oncology Pharmacists (BCOP), Psychiatric Pharmacists (BCPP), Ambulatory Care Pharmacists (BCACP), Critical Care Pharmacists (BCCCP) and Geriatric Pharmacists (BCGP)
  - 40 (56%) possess Scopes of Practices which allow for prescriptive authority

Our Teaching Program

- Multiple PGY1 and PGY2 residency training programs
- Have academic relationships with two Schools of Pharmacy – University of the Pacific (UOP) and University of California, San Diego (UCSD)
- Annually provide APPEs to approximately 30 students

Poonam P. Tzorfas, Pharm.D., MBA
Chief, Pharmacy Services
poonam.tzorfas@va.gov
(858) 642-3026
General Residency Information

Pay and Benefits

Period of Appointment
• **PGY1**: 12 months, from June 24, 2019 through June 19, 2020

**Estimated Stipend**: $46,037 (PGY1)

Benefits
• 13 days Annual Leave (“vacation”) and 13 days of Sick Leave
  • Leave is earned at the rate of 4 hours every two weeks
• 11 federal holidays
• Authorized Absence (leave with pay) to attend selected professional meetings
• Health, life, vision/dental insurance options
• Office with up-to-date computer systems
• Lab coats and lab coat laundry service
• Free parking off-site

Pharmacist Licensure
Professional pharmacist licensure from any state must be obtained either prior to the beginning of the residency program or the resident must provide proof of sitting for the North American Pharmacist Licensure Examination (NAPLEX) and Multistate Pharmacist Jurisprudent Licensure Examination (MPJE) within 30 days from the first day of their residency training and must obtain professional pharmacist licensure within 90 days from the first day of their residency program.

Note: California licensure is highly encouraged for residents who wish to rotate through or conduct direct patient care activities in non-VA facilities.
Pharmacy Residency Programs

<table>
<thead>
<tr>
<th>Program</th>
<th>Residents</th>
<th>Established</th>
<th>Accreditation</th>
</tr>
</thead>
<tbody>
<tr>
<td>PGY1 Pharmacy - Track A General</td>
<td>5-6</td>
<td>1973</td>
<td>ASHP</td>
</tr>
<tr>
<td>PGY1 Pharmacy - Track B Ambulatory Care Emphasis</td>
<td>1-2</td>
<td>2006</td>
<td>ASHP</td>
</tr>
<tr>
<td>PGY1 Managed Care</td>
<td>1</td>
<td>2008</td>
<td>ASHP/AMCP</td>
</tr>
<tr>
<td>PGY2 Ambulatory Care</td>
<td>1</td>
<td>1994</td>
<td>ASHP</td>
</tr>
<tr>
<td>PGY2 Critical Care</td>
<td>1</td>
<td>2007</td>
<td>ASHP</td>
</tr>
<tr>
<td>PGY2 Health-System Pharmacy Administration</td>
<td>1</td>
<td>2009</td>
<td>ASHP</td>
</tr>
<tr>
<td>PGY2 Infectious Diseases Pharmacy</td>
<td>1-2</td>
<td>2007</td>
<td>ASHP</td>
</tr>
<tr>
<td>PGY2 Pharmacy Informatics</td>
<td>1-2</td>
<td>2009</td>
<td>ASHP</td>
</tr>
<tr>
<td>PGY2 Nephrology Pharmacy</td>
<td>1</td>
<td>2009</td>
<td>ASHP</td>
</tr>
<tr>
<td>PGY2 Oncology</td>
<td>1</td>
<td>2006</td>
<td>ASHP</td>
</tr>
<tr>
<td>PGY2 Pain &amp; Palliative Care</td>
<td>1</td>
<td>2018</td>
<td>Candidate</td>
</tr>
<tr>
<td>PGY2 Psychiatric Pharmacy</td>
<td>2-3</td>
<td>2007</td>
<td>ASHP</td>
</tr>
</tbody>
</table>

Note: Many programs allow for PGY2 Early Commitment

We offer residents many opportunities to practice in a number of clinical settings, including our expansive ambulatory care clinics. Our affiliations with pharmacy schools at University of California, San Diego and University of the Pacific facilitate the development of teaching skills. Our preceptors are committed to supporting the residency program and assisting residents throughout the year.

We hope you will join us at the VA San Diego Healthcare System for your residency year. We look forward to receiving your application!

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Nermeen Madkour, PharmD, CSP
Program Director, PGY1 Managed Care
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(858) 552-8585 ext 2516
Current PGY-1 Residents

Emily Chen, Pharm.D.
PGY-1 Track A
Emily.Chen4@va.gov

Betty Lee, Pharm.D.
PGY-1 Track A
Betty.Lee2@va.gov

Michaela Vachuska, Pharm.D.
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Jenny New, Pharm.D.
PGY-1 Track A
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Anthony Garcia, Pharm.D.
PGY-1 Track A
Anthony.Garcia@va.gov

Marianne Encarnacion, Pharm.D.
PGY-1 Track B
Marianne.Encarnacion@va.gov

Lauren Alai, Pharm.D.
PGY-1 Managed Care
Lauren.Alai@va.gov
PGY1 Program Overview

Program Purpose
PGY1 Pharmacy (Tracks A and B)
- Post-graduate training
- Develop pharmacists who are:
  - Prepared to provide cost-effective pharmacotherapy to adult and geriatric patients in acute and ambulatory care settings
  - Proficient in communicating with and educating trainees, pharmacists, other health care providers and the community on drug related topics
  - Eligible for additional post-residency training

PGY1 Managed Care
- Develop pharmacists who are:
  - Eligible for a position in a managed care setting such as:
    - Formulary Management Pharmacist, Prior Authorization Pharmacist, Pharmacoeconomics Specialist, Drug Information Pharmacist, etc.
  - Skilled in formulary management and development processes, such as:
    - Presenting at Pharmacy & Therapeutic Committee/Medication Safety Committee
    - Drafting guidance document (conversions, protocols, criteria for use, monographs, etc.)
    - Managing clinical programs, drug utilization reviews, cost-saving initiatives, and quality improvement projects
    - Reviewing non-formulary and prior authorization consults
# PGY1 Program Structure

## Overview
Orientation (3-4 weeks), 10 rotation blocks (5-6 weeks each)

<table>
<thead>
<tr>
<th>Rotations (# of blocks)</th>
<th>Track A General</th>
<th>Track B Ambulatory Care Emphasis</th>
<th>Managed Care</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>Administration (1)</td>
<td>Administration (1)</td>
<td>Administration*</td>
</tr>
<tr>
<td></td>
<td>Ambulatory Care (2)</td>
<td>Ambulatory Care (4)</td>
<td>Ambulatory Care (1)</td>
</tr>
<tr>
<td></td>
<td>Medicine (2)</td>
<td>Medicine (1)</td>
<td>Medicine (1)</td>
</tr>
<tr>
<td></td>
<td>Critical Care (1)</td>
<td>Other Acute Care (2)</td>
<td>Drug Information*</td>
</tr>
<tr>
<td></td>
<td>Psychiatry (1)</td>
<td>Psychiatry (1)</td>
<td>Formulary Management*</td>
</tr>
<tr>
<td></td>
<td>Infectious Diseases (1)</td>
<td>Electives (1)</td>
<td>Elective (1)</td>
</tr>
<tr>
<td></td>
<td>Electives (2)</td>
<td></td>
<td>*Longitudinal</td>
</tr>
</tbody>
</table>

| ASHP Code | 92360 | 92360 | 92012 |
| NMS Code  | 191613 | 191621 | 153414 |
| Positions | 5-6 | 1-2 | 1 |

<table>
<thead>
<tr>
<th>Elective Rotations</th>
<th>Ambulatory Care Clinics</th>
<th>Longitudinal Experiences</th>
</tr>
</thead>
<tbody>
<tr>
<td>Ambulatory Care</td>
<td>Anticoagulation</td>
<td>Teaching Certificate Program</td>
</tr>
<tr>
<td>Cardiology</td>
<td>Diabetes</td>
<td>Formulary Consults</td>
</tr>
<tr>
<td>Emergency Department</td>
<td>Gout</td>
<td>Medication Safety Project</td>
</tr>
<tr>
<td>Geriatrics/Nutrition</td>
<td>Lipid</td>
<td>Research Project</td>
</tr>
<tr>
<td>Informatics</td>
<td>Medication Management</td>
<td>Skill Development Series</td>
</tr>
<tr>
<td>Oncology</td>
<td>Patient Aligned Care Team (PACT)</td>
<td>Pharmacy Practice Management</td>
</tr>
<tr>
<td>Pain Management</td>
<td>Psychiatry</td>
<td>Service Enhancement Project (Track B only)</td>
</tr>
<tr>
<td>Nephrology</td>
<td>Renal</td>
<td></td>
</tr>
<tr>
<td>Surgery</td>
<td>Smoking Cessation</td>
<td></td>
</tr>
<tr>
<td>Spinal Cord Injury</td>
<td>And more!</td>
<td></td>
</tr>
</tbody>
</table>
Additional Training

Pharmacy Teaching Program
- Our pharmacy residents participate in the teaching of approximately 30 Doctor of Pharmacy students from the University of the Pacific and University of California, San Diego Schools of Pharmacy
- Pharmacy Residents serve as a preceptor to APPE students during rotations by providing formal and informal teaching and mentoring
- Residents facilitate weekly conferences consisting of topic discussions and clinical case presentations

Skill Development Series / Teaching Certificate Program
- All pharmacy residents participate in a Skill Development Series, which includes regularly scheduled discussion of research-related topics such as study methodology, biostatistics, literature evaluation, individual residency research projects and other contemporary topics relevant to health care professionals
- Participation in our Teaching Certificate Program is required and consists of didactic seminars and homework assignments, development of a personal teaching philosophy and providing formal teaching experiences in clinical rotational settings

Additional Requirements for Completion of PGY1 Pharmacy Residency

<table>
<thead>
<tr>
<th>Staffing Assignments</th>
<th>1+ Monthly Adverse Drug Reaction Report</th>
</tr>
</thead>
<tbody>
<tr>
<td>Formal Research Project and Report</td>
<td>1+ Presentation to the Opioid Safety Initiative (OSI) Committee</td>
</tr>
<tr>
<td>Research Platform Presentation to VISN 22 / Southern California Conference for Pharmacy Residents, Fellows and Preceptors</td>
<td>Continuing Education Presentation</td>
</tr>
<tr>
<td>Formulary Project (i.e., Drug Monograph or Drug Class Review)</td>
<td>Formal participation in P&amp;T Committee, Medication Safety Committee or other multidisciplinary medical center committees</td>
</tr>
</tbody>
</table>
Staffing will be scheduled once the resident has evidence of professional licensing and has demonstrated appropriate competencies. Training will be provided.

**Staffing Requirements**

**PGY1 Pharmacy Track A – General**
- At least 20 inpatient days (includes 2 weekend days) during Medicine
- At least 6 days in the Ambulatory Care “Primary Care” Clinics and Outpatient Pharmacy
- Additional staffing days required during Critical Care, Psychiatry and selected elective rotations
- At least one additional weekend day scheduled for training

**PGY1 Pharmacy Track B – Ambulatory Care Emphasis**
- At least 6 days per month in the Ambulatory Care “Primary Care” Clinics or Outpatient Pharmacy while on ambulatory care rotations
- Two days per month in Psychiatry Clinics during Psychiatry rotation
- Additional staffing days may be required during selected elective rotations
  - At least 8 inpatient days per month during selected acute care rotations (Medicine, Geriatrics, Critical Care, SCI)

**PGY1 Managed Care Pharmacy**
- At least 15 inpatient days (includes 2 weekend days) during Medicine
- At least 4 days in the Ambulatory Care General Medicine (“Primary Care”) Clinics and Outpatient Pharmacy
- Additional staffing days may be required during selected elective rotations

**VA Stand Down**
- Operation Stand Down is a annual program that provides up to 900 Veterans with services such as food, shelter, clothing, health screenings, and other service referrals. Resident will work 1 day.
First Position Accepted Post-Residency (Previous 4 graduating classes)

PGY2 Residency Training Programs:
• VA San Diego Healthcare System
  • Critical Care
  • Infectious Diseases
  • Nephrology
  • Oncology
  • Psychiatric Pharmacy
• Academic Medical Centers
  • Ambulatory Care / Virginia Commonwealth University
  • Pharmacy Informatics / UCSF
  • Infectious Diseases / UCSF
  • Oncology / University of Colorado – Denver
• Other Health Care Organizations
  • Medication Safety / Kaiser Oakland

Pharmacy Practice Positions:
• VA San Diego Healthcare System
  • Clinical Pharmacist in Ambulatory Care
  • Clinical Pharmacist in Emergency Department
• Other VA Healthcare Systems
  • Clinical Pharmacist in Ambulatory Care at VA Northern California Healthcare System
  • Clinical Pharmacist in Ambulatory Care at VA Greater Los Angeles Healthcare System
  • Clinical Pharmacist in Pain Management at VA Palo Alto Healthcare System
• Other Healthcare Organizations
  • Clinical Pharmacist at Cottage Hospital in Santa Barbara, CA
  • Clinical Pharmacist at Scripps Mercy in San Diego, CA
  • Clinical Pharmacist at Sharp Grossmont in San Diego, CA
  • Drug Education Coordinator - Kaiser Permanente - Vallejo (CA)
  • Inpatient Clinical Pharmacist at Anaheim Regional Medical Center (CA)
  • Managed Care Pharmacist at Kaiser Permanente - Santa Clara (CA)
APPLICANT QUALIFICATIONS

- Register with the ASHP Resident Matching Program accessible at [http://www.natmatch.com/ashprmp/](http://www.natmatch.com/ashprmp/)
- Possess United States citizenship; Naturalized citizens must be able to provide proof of naturalization
- Possess a Doctor of Pharmacy degree from an accredited School or College of Pharmacy
- PGY1 applicants must be eligible for licensure to practice pharmacy from any state at the beginning of their residency program
- PGY2 applicants must be licensed to practice pharmacy from any state at the beginning of their residency program
- PGY2 applicants must complete or be in the process of completing an ASHP accredited PGY1 residency OR have equivalent experience

APPLICATION PROCESS

- All application materials must be submitted through Pharmacy Online Residency Centralized Application (PhORCAS):
  - **PHASE I DEADLINE for ALL Programs** is January 1, 2019
  - **PHASE II DEADLINE for ALL Programs with available Positions** is April 3, 2019
- Submitted Materials must include:
  - Basic Demographics
  - Verified Transcripts for Schools or Colleges of Pharmacy Only
  - Personal Statement / Letter of Intent
    - **PGY1 Applicants**
      - Include your short- and long-term professional goals
      - Describe how our residency program will assist you in accomplishing your goals
      - Include your single greatest strength AND weakness and comment on how these will affect your performance as a resident
  - Curriculum Vitae
  - Three letters of recommendation using the standardized reference template in PhORCAS
    - **PGY1 Applicants**
      - At least one letter writer should be from a preceptor of a Direct Patient Care APPE such as Internal Medicine or Ambulatory Care
  - Extracurricular Information
- Selected applicants will be invited to a personal on-site interview occurring in February or March. Candidates who are not invited for an on-site interview will be notified via e-mail.
2018 Residency Showcase Information

CSHP Seminar
- San Diego, CA
- Saturday, October 6 (8-11AM)
- Booth 45

ASHP Midyear
- Anaheim, CA
- Tuesday, December 4 (1-4PM)
- Booth 6461

Open House
- VA San Diego Healthcare System
- Saturday, December 15 (9-11AM)
- For prospective 2019-2020 PGY1 Candidates Only
- RSVP here: http://tinyurl.com/VASanDiego-2018-OpenHouse
Pharmacy Service (119)
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San Diego, CA 92161
VOICE: (858) 642-3026 or (858) 642-3497
FAX: (858) 642-1608