

VA



U.S. Department of Veterans Affairs

VA Long Beach Healthcare System

ASHP Accredited, Est. 1979

PHARMACY RESIDENCY PROGRAM



2023-2024 POSTGRADUATE YEAR ONE

VA Long Beach Healthcare System
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Hello and thank you for inquiring about the VA Long Beach Healthcare System ASHP Accredited Pharmacy Residency Program. The VA Long Beach residency program was first established in 1979 – and continues to be a leader in the advancement of clinical pharmacy practice. Our program offers opportunities to practice across a wide variety of settings within a large integrated healthcare system. This booklet provides valuable information about our facility, teaching programs, preceptor faculty, clinical practice, and residency program.

VALB Pharmacy is a well-established and highly respected service, integral to the VA Long Beach Healthcare System. We consider it a privilege and an honor to provide healthcare to the men and women who have dedicated their lives in service to our country. Our pharmacists actively participate at all levels of the organization including in key leadership roles and as fully integrated members of the health care team. VALB Pharmacy is recognized for developing and managing clinical programs that focus on delivering value to patients, the organization and to the community. We are passionate about our profession and steadfast in our pursuit of excellence.

As a Pharmacy resident you will serve as a key member of our patient care team, providing direct patient care and education to patients, trainees and staff. Our training and practice environment is designed for those looking to be challenged both clinically and intellectually. Our goal is to inspire and provide opportunities for trainees to develop the knowledge, skills and abilities to become principled, highly competent and confident advanced care practitioners and future leaders.

We wish you the very best as you make this important career decision. We look forward to meeting you and encourage you to consider our program.



Michael Ascari, PharmD, MS
Chief, Pharmacy Service



Patricia Chun, PharmD, BCPS
Medication Safety Officer and Residency Program Director
Pharmacy Service

Postgraduate Year One Pharmacy Residency

The Training Site

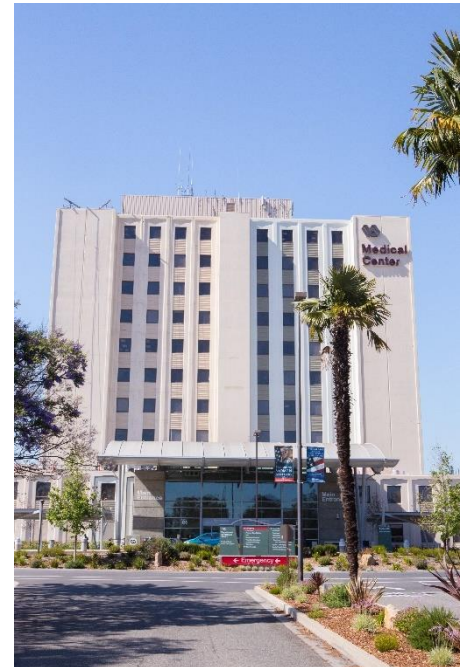
VA Long Beach Healthcare System (VALBHS) is a tertiary care facility and accredited by the Joint Commission on Accreditation of Healthcare Organizations. VALBHS is one of the most diversified tertiary health care providers in the VA. It is a teaching hospital, providing a full range of patient care services, with state-of-the-art technology as well as education and research. The medical center is a 360-bed progressive teaching facility affiliated with UCI School of Medicine and UOP, USC, UCSF, and Western Schools of Pharmacy. It encompasses Medical, Surgical, Spinal Cord Injury, Blind Rehabilitation Center, and Psychiatry Services, as well as Long-Term Care and Home-Based Primary Care. The immense Ambulatory Care Program consists of Primary Care and numerous specialty Medical and Surgical Clinics. The pharmacy department is staffed by greater than 120 employees and provides complete clinical pharmacy services 24 hours daily, seven (7) days a week.

VALBHS Pharmacy Service is committed to honoring our Veterans and providing exceptional health care. To that end, we are continually evaluating services and processes to enhance the patient experience, improve patient safety, and positively impact patient outcomes. Automation and technology is integrated into all aspects of the medication-use system such as patient-profiled automated medication storage and distribution devices (Omnicell® AMSDD), automated prescription filling (ScriptPro®) and Bar Code Medication Administration (BCMA) to enhance medication safety, reduce dispensing and administration errors, and allow pharmacists time to participate in direct patient care and cognitive services.

Rotations are primarily located at Tibor Rubin Medical Center (main Long Beach campus of VA Long Beach Healthcare System) unless otherwise noted. Other possible rotation locations include Community-Based Outpatient Clinics (CBOC): Santa Ana, Placentia, Santa Fe Springs.

Geographical Information

VA Long Beach Healthcare System is centrally located within the heart of sunny Southern California, in between Los Angeles and Orange County. There is much to experience in the local area including the Aquarium of the Pacific, Belmont Shore, Disneyland, Disney's California Adventure, and many more attractions. The City of Long Beach is well-known for easy access to miles of sandy beaches, fine dining, and exciting nightlife.



VA Long Beach Pharmacy Vision

To be the benchmark of excellence and value in pharmacy practice, recognized as a leader amongst patients and peers in safety, quality and customer service. To be the preferred pharmacy practice site by our partners and stakeholders renowned for providing quality education, mentoring, and training to our staff, residents, and students.

VA Long Beach Pharmacy Mission

Our mission is to deliver safe, effective, and compassionate care to all those we serve. We aspire to create a valuable service that exceeds the expectations of patients, stakeholders, and the medical community. Our commitment is to our patients, the advancement of healthcare, and to the development of future leaders.

Core Values (I.C.A.R.E.)

Integrity: Act with high moral principle.

Commitment: Work diligently to serve veterans and other beneficiaries.

Advocacy: Be truly veteran-centric by identifying, fully considering, and appropriately advancing the interests of veterans and other beneficiaries.

Respect: Treat all those I serve and with whom I work with dignity and respect.

Excellence: Strive for the highest quality and continuous improvement.

Residency Training Program Purpose

The purpose of this PGY1 pharmacy residency program is to build on Doctor of Pharmacy (PharmD) education and outcomes to contribute to the development of clinical pharmacists responsible for medication-related care of patients with a wide range of conditions, eligible for board certification, and eligible for postgraduate year two (PGY2) pharmacy residency training.

This residency program aims to train pharmacists to provide pharmaceutical care across a variety of practice settings (e.g., ambulatory care, acute care, critical care, pharmacy benefit management, and pharmacy operations), participate as a member of the health care team, and provide education of patients, health professionals and themselves. In addition, residents will learn to perform self-monitoring and demonstrate leadership through contributions to performance improvement. Residents will be encouraged to develop an approach to the profession that can lead to life-long learning and career satisfaction.

Program Competency Areas

Upon completion of this program, the pharmacy resident will achieve the following competencies as determined by the ASHP Accreditation Standard for PGY1 Pharmacy Residency Programs:

Patient Care

Independent provision of pharmaceutical care, primarily to ambulatory, acute, critical, geriatric and long-term care patients, through participation on health care teams and working under pharmacists with scopes of practice.

Advancing Practice and Improving Patient Care

Identify and implement changes needed to improve patient care and medication use systems and assess the impact of these changes. Make contributions to the current and future knowledge bank through evaluation and investigation.

Leadership

Demonstrate leadership through a positive professional attitude and contributions to improvements in patient care systems. Perform self-monitoring and self-directed learning in preparation for life-long learning. Develop attitudes and skills for a satisfying career. Promote the profession of pharmacy and demonstrate professional commitment.

Teach, Educate and Disseminate Knowledge

Educate patients and health professionals about medication/health related issues. Communicate effectively, both verbally and in writing, with patients/ public and members of the health care team and other health professionals to build relationships and accomplish goals.



Program Structure

Eight Rotations (6 weeks each)	REQUIRED (5)	
	<ul style="list-style-type: none"> Acute Care Internal Medicine Critical Care Patient Aligned Care Team (Primary Care) Anticoagulation Formulary Management (4-week rotation) 	
	ELECTIVES (3)	
	<p>Core Elective (<i>must choose one below</i>)</p> <ul style="list-style-type: none"> Specialty Clinics Surgery Emergency Medicine 	<p><i>Select 2 Rotations Below:</i></p> <ul style="list-style-type: none"> Home Based Primary Care Infectious Diseases (includes HIV clinic) Inpatient Psychiatry Inpatient Spinal Cord Injury Nursing Home Oncology Outpatient Mental Health/Pain Medication Safety Pharmacy Administration Pharmacy Operations Repeat of any required rotations
Practice Management (2 week)	<p>Active participation in the administration of Pharmacy Service under the supervision of pharmacy administrators across following program areas: Operations, Clinical Programs, Medication Safety.</p>	
Research/Quality Improvement Project (Longitudinal)	<ul style="list-style-type: none"> Residents will be required to complete either a research study (submission to IRB) or a quality improvement project Two 2 -week project time incorporated within academic calendar (Dec and Feb) 	
Teaching Certificate Program (Longitudinal)	<ul style="list-style-type: none"> APhA Advanced Preceptor Training Course (~13 CEUs) Lead ambulatory care and medicine didactics (~12 sessions) Co-precept APPE students in Cholesterol Clinic (2-3 blocks) Deliver 2 formal presentations Development of personal teaching philosophy statement 	
Staffing Requirements	<ul style="list-style-type: none"> Inpatient Pharmacy: every 4 weekends (Sat and Sun). One day provided off. <i>**exempted from inpatient staffing during PACT and Anticoagulation</i> Outpatient Pharmacy: ~12 weekend days (every Sat during PACT and Sun during Anticoagulation Clinic). One day off for each 2 days. 	

Sample Pharmacy Resident Schedule

Each block is a 6-week period.

	BLOCK 1	BLOCK 2	BLOCK 3	BLOCK 4	DECEMBER
Resident 1	Medicine	ICU	Anti-Coag	Elective: ID	2-Week Research & Project Time
Resident 2	Elective: Inpt Psychiatry	Elective: Oncology	Formulary	Specialty Clinics	
Resident 3	PACT	Anti-Coag	Medicine	ICU	

Requirements for PGY1 Pharmacy Residency Certificate

- Satisfactory completion of all learning experiences (rotations)
- Quality improvement or research project with a written manuscript suitable for publication in the professional literature
- Quality improvement or research project presentation at Southern California VA Pharmacy Residents Conference or other similar regional conference
- Completion of a medication safety report for Pharmacy and Therapeutics Committee review
- Completion of 1 Medication Use Evaluation
- Completion of 1 one of the following practice management assignments (development of or revision of a formulary monograph, drug class review, criteria for use, therapeutic guideline, protocol, policy, procedure, operational or clinical service enhancement project, or other similar management type of activity).
- Journal club presentation (1)
- Formal Presentations (2)- Staff in-service and APPE Regional Conference Lecture
- Completion of all required assignments to obtain Teaching Certificate

General Residency Information

Program Components	Description
General Descriptions	<ul style="list-style-type: none"> ▪ Period of Appointment: 12 months, July 1, 2023 through June 30, 2024 ▪ Estimated Stipend: \$47,668 ▪ Number of Positions Available: 8
Benefits	<ul style="list-style-type: none"> ▪ Health/Life insurance options ▪ Authorized Absence and partial financial support to attend select professional meetings: <ul style="list-style-type: none"> ✓ ASHP Midyear or CSHP Annual Seminar ✓ VISN 22 Southern California VA Residents Conference (or similar) ▪ Thirteen (13) days annual leave ("vacation") accrued 4 hours every 2 weeks ▪ Thirteen (13) days sick leave accrued 4 hours every 2 weeks ▪ Eleven (11) paid holidays ▪ Centralized office workspace with access to up-to-date personal computer and desk ▪ Lab coat, scrub allotment and laundry service ▪ Free on-site parking ▪ Per-diem (moonlighting) opportunities
Pharmacist Licensure Requirement	<ul style="list-style-type: none"> ▪ Pharmacist license in one of the States of the United States by September 30th of the residency year. ▪ The applicant is highly encouraged to take the North American Pharmacist Licensure Examination (NAPLEX) and the California or Multistate Pharmacist Jurisprudence Examination (CPJE or MPJE) prior to entering the residency program (July 1st). ▪ Failure to obtain licensure within 120 days of residency start will result in termination from the program.
Applicant Qualifications	<ul style="list-style-type: none"> ▪ Possess or in the process of obtaining a Doctor of Pharmacy Degree from an accredited school or college of pharmacy ▪ Eligible for licensure to practice pharmacy in any state ▪ United States citizenship with proof of naturalization if naturalized at the time of application ▪ Male Trainees: Registration for Selective Service prior to end of 25th birthday or by the time of application submission, whichever comes first. ▪ Participation in the ASHP Residency Matching Program ▪ Completed a professional curriculum which includes significant clinical clerkship experience

Application Procedures	<ul style="list-style-type: none">▪ Register with ASHP Resident Matching Program▪ Online submission to the program thru PhORCAS™ (Pharmacy Online Residency Centralized Application)<ul style="list-style-type: none">✓ Official school of pharmacy transcript (sent directly to PHORCAS™)✓ Personal statement/letter of intent specifically addressing why you desire to do a residency with the VALB✓ Curriculum Vitae✓ Three (3) letters of recommendation (standardized reference form in PhORCAS™).✓ Extracurricular information✓ Supplemental information (http://www.va.gov/vaforms/): VA Application for Health Professions Trainees (Form # 10-2850D)
Application Deadline	<ul style="list-style-type: none">▪ Phase I: January 1, 2023 @11:59 PM EST▪ Phase II for available positions: March 22, 2023 @11:59 PM EST
Interview	<ul style="list-style-type: none">▪ Interviews will be scheduled based on evaluation of the written application.▪ On-site interview occurring late January to late February▪ Candidates who are not invited for an on-site interview will be notified via e-mail.

Positions Accepted Post Residency

2020-2021

VA Long Beach- Inpatient Clinical Pharmacist (3)
Kaiser Permanente- Ambulatory Care Pharmacist (2)
Kaiser Permanente- Oncology Pharmacist
Providence Little Company of Mary- Medication Reconciliation Pharmacist

2019-2020

VA Long Beach- Outpatient Clinical Pharmacist (2)
VA Palo Alto- Primary Care Pharmacist
VA Greater Los Angeles- Outpatient Clinical Pharmacist
Cedars Sinai- Medication Reconciliation Pharmacist
UCLA- Cardiac ICU Pharmacist
Kaiser Permanente- Ambulatory Care Pharmacist
LAC+USC- Inpatient Pharmacist

2018-2019

VA Long Beach- Inpatient Clinical Pharmacist
VA Long Beach- Outpatient Clinical Pharmacist
Cedars Sinai- Inpatient Clinical Pharmacist
Kaiser Permanente- Inpatient Clinical Pharmacist
Kaiser Permanente- Ambulatory Care Pharmacist (2)
Desert Oasis Healthcare- Ambulatory Care Pharmacist (2)
PGY2 Oncology Pharmacy Residency, Kaiser Permanente San Diego

2022-2023 PGY1 Pharmacy Residents



Michelle Nguyen
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Jonathan Silignavong
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University of Southern California

2022 Residency Showcase and Open House Information

Southern California Residency Showcase	<ul style="list-style-type: none">• Sept 23: 2:30 PM to 7:00 PM• Yorba Linda Community Center
UCSD Annual Residency Showcase	<ul style="list-style-type: none">• Oct 13th: 5:00 PM to 9:00 PM• Virtual via ZOOM
CSHP Seminar	<ul style="list-style-type: none">• Live Showcase Nov 12th: 1:00 PM to 5:00 PM Nov 13th 8:00 AM to 12:30 PM
VA Long Beach In Person Open House	<ul style="list-style-type: none">• Two Offerings: Nov 17th, and Dec 2nd• Time: 5:00 PM to 7:30 PM

Thank you for Considering our Program!
RSVP for Open House!

Please sign up below:



Questions about the program and application process may be directed to:

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