Corpus Christi

Corpus Christi is the 8th most populous city in Texas. Because of its relatively small size, it feels like a small town with all the conveniences and activities of a big city. Located on the Gulf of Mexico, Corpus has a humid subtropical climate, with mild winters, hot summers, and high winds year round. There are many activities to enjoy in the city and in the Gulf, including, but not limited to, Padre Island National Seashore, the Texas State Aquarium, Whataburger Field (Home of the Hooks), and the USS Lexington.

Contact information:

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## About us

**Program**

Our residency is a 12-month, full-time program that provides one resident an intensive experience in delivering mental health services to the Veteran population in South Texas. The majority of the resident's outpatient training will take place at the Corpus Christi Specialty Clinic and the Corpus Christi VA Outpatient Clinic, which are located less than 1 mile apart in Corpus Christi, Texas. The inpatient experiences will be coordinated with the Central Texas VA Healthcare System (CTVHCS) in Waco, TX, which is ~4 hours (283 miles) away from Corpus Christi.

**Purpose**

The purpose of the residency program is to prepare the pharmacist clinician to obtain a position as a Mental Health Clinical Pharmacy Specialist and to become board certified in psychiatric pharmacy.

**Benefits**

- Annual stipend est. $44,994
- Annual and sick leave
- Federal holidays
- Medical insurance
- Tuition/travel reimbursement for approved professional meetings:
  - ASHP Midyear Meeting
  - CPNP Annual Meeting

## Learning Experiences

### Required

**Outpatient**
- Behavioral Health Interdisciplinary Program (3 months)
- Primary Care-Mental Health Integration (2 months)
- Pain Management (1 month)

**Inpatient**
- Acute Inpatient Psychiatry* (3 months)

*offered through CTVHCS in Waco, TX

### Longitudinal

**Education & Professional Development**
- Journal Clubs
- Case Presentations
- MH Topic Discussions
- VISN 17 MH didactic presentations

**Practice Management**
- Research/Quality Improvement
- Medication Use Evaluation
- Clinical Pharmacy Consultation

## Electives

- Intensive Community Mental Health Recovery/ Rural Access Network for Growth Enhancement Clinic
- Advanced PCMH1
- Substance Use Disorders
- Geriatric Psychiatry/Home-Based Primary Care

## Practice Site Advantages

- VA has a fully comprehensive electronic medical record
- VATVCBHCS also offers PGY1 Pharmacy Practice Residency with expanded mental health offerings
- Resident will work under their pharmacy preceptors' scopes of practice and prescriptive authority
- 70% of pharmacists at VCB have board certification and all PGY2 preceptors are certified in psychiatry, pharmacotherapy, ambulatory care or a combination
- Gain experience and contacts at a different VA Healthcare system with inpatient offering at CTVHCS in Waco, TX (4 hours away)
- Newly affiliated with Texas A&M University Irma Lerma Rangel College of Pharmacy
- Teaching experiences available Texas A&M in Kingsville, TX
- Residents gain experience in clinical and didactic teaching to both PGY1 Pharmacy residents and student pharmacists
- Teaching and presentations, including clinical in-services, case presentations, journal club discussions, and patient education sessions utilize both in person and online media platforms preparing resident for a variety of challenges

### College of Pharmacy

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